

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

Fundamentals of Coaching Softball Course Now Available

FOR IMMEDIATE RELEASE

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INDIANAPOLIS, IN (March 11, 2010) — A new coach education course –

Fundamentals of Coaching Softball – is now available through the National Federation of State High School Associations (NFHS) at www.nfhslearn.com. This course is the newest addition to the NFHS Coach Education Program.

Fundamentals of Coaching Softball is a skills and tactics course developed in partnership with the Amateur Softball Association of America (ASA), the national governing body for softball in the United States, as well as USA Softball. Mike Candrea, the former head coach of USA Softball national and Olympic teams and the current head coach of the University of Arizona softball team, leads coaches through the course's six units: Basic Skills, Offensive Skills, Position Play, Team Defense, Developing a Practice Plan and Coaching Tips. The course also includes printable resources and reference Web sites.

The NFHS Coach Education Program was started in 2007, and more than 140,000 coaches have taken the core course — *Fundamentals of Coaching*. Forty-five of the 51 NFHS member associations have adopted the course.

The NFHS offers coaches the ability to become Level 1 certified as an Accredited Interscholastic Coach. In addition to the *Fundamentals of Coaching* course, coaches must complete *NFHS First Aid for Coaches*, or its equivalent, and one of the sport-specific courses or *Teaching Sport Skills*, and then can apply for certification online.

All NFHS coach education courses are available at www.nfhslearn.com.