

**CIF San Francisco Section - 5/11/2024 to 5/18/2024
Track and Field Championships
Kezar Stadium**

Records

Event 1 Boys 4x100 Meter Relay Frosh-Soph

Meet	44.64	1983	McAteer (converted time) - McAteer
------	-------	------	------------------------------------

Event 2 Girls 4x100 Meter Relay Varsity

Meet	48.44	1983	Mission (converted time) - Mission
------	-------	------	------------------------------------

Event 3 Boys 4x100 Meter Relay Varsity

Meet	41.90	1995	McAteer - McAteer
------	-------	------	-------------------

Event 4 Boys 1600 Meter Run Frosh-Soph

Meet	4:33.64	5/31/2014	Luis Aragon - Lowell
------	---------	-----------	----------------------

Event 5 Girls 1600 Meter Run Varsity

Meet	4:56.02	1997	Jennifer Akana - Lowell
------	---------	------	-------------------------

Event 6 Boys 1600 Meter Run Varsity

Meet	4:15.13	2000	Jin Daikoku - Lowell
------	---------	------	----------------------

Event 7 Boys 110 Meter Hurdles 36" Int. Frosh-Soph

Meet	16.22	5/26/2012	Ibrahima Mobley - Lincoln
------	-------	-----------	---------------------------

Event 8 Boys 110 Meter Hurdles 39" High Varsity

Meet	14.24	1973	Mike Kirtman (converted time) - Wilson
Meet	14.24	1979	Brennan Redd (converted time) - Wilson

Event 9 Girls 100 Meter Hurdles 33" Low Varsity

Meet	14.56	2002	Roshena Duree - Burton
------	-------	------	------------------------

Event 10 Boys 400 Meter Dash Frosh-Soph

Meet	51.71	1990	Sophorn Rasmeay - Galileo
Meet	51.14	1980	Angelo McNeil (converted time/dist) - Galileo

Event 11 Girls 400 Meter Dash Varsity

Meet	55.63	2004	Chauncey David-Jacobs - Burton
------	-------	------	--------------------------------

Event 12 Boys 400 Meter Dash Varsity

Meet	47.84	1995	Felton Charles - McAteer
------	-------	------	--------------------------

Event 13 Boys 100 Meter Dash Frosh-Soph

Meet	10.94	1985	Tom Cagle (converted time) - Lincoln
Meet	10.94	1999	Daryl Terrell (converted time) - McAteer

Event 14 Girls 100 Meter Dash Varsity

Meet	11.85	5/31/2003	Deanna Goodwin - Intl. Studies Academy
------	-------	-----------	--

Event 15 Boys 100 Meter Dash Varsity

Meet	10.64	1982	Angelo McNeil (converted time) - Galileo
Meet	10.64	1985	Andre Alexander (converted time) - Balboa
Meet	10.64	1993	Rashan Sanders (converted time) - Lincoln
Meet	10.44	1976	Tequil Willis (converted time/dist) - Mission

Event 16 Boys 800 Meter Run Frosh-Soph

Meet	2:01.74	1976	Fletcher Sanford (converted time/dist) - Washington
Meet	2:01.94	1986	C. Verse (converted time) - Galileo

Event 17 Girls 800 Meter Run Varsity

Meet	2:14.95	5/23/2015	Sierra Brill - Lowell
------	---------	-----------	-----------------------

Event 18 Boys 800 Meter Run Varsity

Meet	1:56.44	1991	Dustin Rawls (converted time) - Lincoln
Meet	1:55.34	1968	Geoffrey Henderson (convert. time/dist) - Washington

CIF San Francisco Section - 5/11/2024 to 5/18/2024
Track and Field Championships
Kezar Stadium

Records

Event 19 Girls 300 Meter Hurdles 30" Low Varsity	Meet	45.60	1990	Tanya Lazar-Lee - McAteer
Event 20 Boys 300 Meter Hurdles 36" Int. Frosh-Soph	Meet	41.80	2001	John Lee - Lowell
Event 21 Boys 300 Meter Hurdles 36" Int. Varsity	Meet	38.18	5/31/2014	Kareem Dupree - Acad. of Art
Event 22 Boys 200 Meter Dash Frosh-Soph	Meet	22.34	2000	Steven Tate (converted time) - Lincoln
	Meet	22.34	1977	Elbert Harris (converted time/dist) - Balboa
Event 23 Girls 200 Meter Dash Varsity	Meet	24.40	5/31/2003	Deanna Goodwin - Intl. Studies Academy
Event 24 Boys 200 Meter Dash Varsity	Meet	21.13	1995	Felton Charles - McAteer
Event 25 Boys 3200 Meter Run Frosh-Soph	Meet	9:56.94	1973	John Sweeney (converted time/dist) - Balboa
	Meet	10:01.19	5/26/2018	Zachary Parker - Lowell
Event 26 Girls 3200 Meter Run Varsity	Meet	10:48.34	1998	Jennifer Akana - Lowell
Event 27 Boys 3200 Meter Run Varsity	Meet	9:24.64	1972	Brad Duffy (converted time/dist) - Lowell
	Meet	9:37.80	1995	Bolota Asmerom - McAteer
Event 28 Boys 4x400 Meter Relay Frosh-Soph	Meet	3:36.37	5/28/2016	Lowell - Lowell
				L Ng, M Tiao, T Yuen, R Tom
	Meet	3:35.34	1977	Lowell (converted time/dist) - Lowell
Event 29 Girls 4x400 Meter Relay Varsity	Meet	3:57.61	5/24/2008	Lowell - Lowell
				K. Jarvis, L. Allston, E. Anorou, T. Purpura
Event 30 Boys 4x400 Meter Relay Varsity	Meet	3:23.46	1993	McAteer - McAteer
Event 31 Boys Long Jump Frosh-Soph	Meet	23-02.50	1985	Dominic Dupree - McAteer
Event 32 Boys Discus Throw Frosh-Soph	Meet	143-10	1976	Roy Abendroth - Lowell
Event 33 Boys Shot Put 10lb Shot Frosh-Soph	Meet	54-10	1977	Alonzo Fluker - Galileo
Event 34 Boys Triple Jump Frosh-Soph	Meet	44-11	1976	Cedric Young - Balboa
Event 35 Boys Pole Vault Frosh-Soph	Meet	12-04	1980	James McClanahan - Galileo
Event 36 Boys High Jump Frosh-Soph	Meet	6-03.50	1981	Justin Brown - Galileo

**CIF San Francisco Section - 5/11/2024 to 5/18/2024
Track and Field Championships
Kezar Stadium**

Records

Event 37 Girls Long Jump Varsity	Meet	19-02.50	1992	Shena Ferguson - Washington
Event 38 Boys Long Jump Varsity	Meet	25-03.50	1981	Ken Frazier - Mission
Event 39 Girls Triple Jump Varsity	Meet	39-07.75	2001	Roshena Duree - Burton
Event 40 Boys Triple Jump Varsity	Meet	50-03.75	1981	Ken Frazier - Mission
Event 41 Girls Discus Throw Varsity	Meet	161-11	5/27/2017	Pamela Amaechi - Abraham Linc
Event 42 Boys Discus Throw Varsity	Meet	170-01.50	1960	Alex Darnes - Polytechnic
Event 43 Girls Shot Put Varsity	Meet	48-11	5/29/2010	Chioma Amaechi - Lincoln
Event 44 Boys Shot Put Varsity	Meet	60-09.25	1957	Mike Lewis - Lincoln
Event 45 Girls High Jump Varsity	Meet	5-06	1990	Tanya Lazar-Lee - McAteer
Event 46 Boys High Jump Varsity	Meet	7-00.25	1983	Maurice Crumby - Balboa
Event 47 Girls Pole Vault Varsity	Meet	10-05	5/19/2019	Elen Zhu - Abraham Linc
Event 48 Boys Pole Vault Varsity	Meet	14-02	1981	James McClanahan - Galileo
Event 49 Girls 4x100 Meter Relay Frosh-Soph	Meet	51.64	5/25/2013	Lowell - Lowell M Quan, V Yee, C Ta, M Jones
Event 50 Girls 1600 Meter Run Frosh-Soph	Meet	5:40.17	5/31/2014	Annie Zhou - Lowell
Event 51 Girls 100 Meter Hurdles 30" Low Frosh-Soph	Meet	17.00	5/21/2016	Parker Jones - Galileo Acad
Event 52 Girls 400 Meter Dash Frosh-Soph	Meet	1:00.71	5/26/2007	Katherine Jarvis - Lowell
Event 53 Girls 100 Meter Dash Frosh-Soph	Meet	12.72	5/30/2009	Melanie Speech - Lowell
Event 54 Girls 800 Meter Run Frosh-Soph	Meet	2:30.71	5/25/2013	Tianna Marrable - Burton
Event 55 Girls 300 Meter Hurdles 30" Low Frosh-Soph	Meet	50.35	5/24/2008	Katherine Gao - Lowell
Event 56 Girls 200 Meter Dash Frosh-Soph	Meet	26.12	5/26/2007	Katherine Jarvis - Lowell

**CIF San Francisco Section - 5/11/2024 to 5/18/2024
Track and Field Championships
Kezar Stadium**

Records

Event 57 Girls 3200 Meter Run Frosh-Soph

Meet 12:29.63 5/28/2005 Cynthia Leung - Lowell

Event 58 Girls 4x400 Meter Relay Frosh-Soph

Meet 4:16.66 5/25/2013 Lowell - Lowell
V Yee, M Quan, C Ta, T Wang

Event 59 Girls Long Jump Frosh-Soph

Meet 16-09.75 5/27/2009 Melanie Speech - Lowell

Event 60 Girls Discus Throw Frosh-Soph

Meet 100-10.50 5/21/2008 Chioma Amaechi - Lincoln

Event 61 Girls Shot Put Frosh-Soph

Meet 33-04 5/27/2009 Melanie Speech - Lowell

Event 62 Girls Triple Jump Frosh-Soph

Meet 34-00.50 5/23/2007 Stephanie Cheung - Lowell

Event 63 Girls Pole Vault Frosh-Soph

Meet 9-00 5/25/2013 Rebecca Mellin (uncertified crossbar) - Lincoln
Meet 7-00 5/19/2012 Maria Tionson - Lincoln

Event 64 Girls High Jump Frosh-Soph

Meet 4-10 5/19/2012 Jenny Wong - Balboa
Meet 4-10 5/24/2014 Una Chan - Lincoln

Event 65 Boys 100 Meter Dash Para

Meet 13.70 5/26/2018 Saqueo Hernandez Velasco - San Francisc

Event 66 Boys 200 Meter Dash Para

Meet 27.58 5/18/2024 Joao Da Costa - San Francisc

Event 67 Boys 400 Meter Dash Para

Meet 1:02.55 5/19/2018 Ethan Fung - Lowell

Event 68 Girls 100 Meter Dash Para

Meet 23.63 5/18/2024 Vivian Horner - Mission

Event 71 Boys Shot Put Para

Meet 36-06.75 5/18/2019 Saqueo Hernandez - San Francisc

Event 72 Girls Shot Put Para

Meet 12-02 5/18/2024 Vivian Horner - Mission

Event 73 Boys 100 Meter Dash Unified

Meet 12.30 5/26/2018 Justin Tang - Philip & Sal

Event 75 Boys Long Jump Unified

Meet 16-06 5/19/2019 Kelvin Osunde - Abraham Linc

Event 77 Girls 4x800 Meter Relay Frosh-Soph

Meet 11:11.31 5/11/2024 Lowell - Lowell
A Stohr, A Jacobson, L Catterall, K Terplan
Meet 11:11.31 5/11/2024 Lowell - Lowell
A Stohr, A Jacobson, L Catterall, K Terplan

CIF San Francisco Section - 5/11/2024 to 5/18/2024
Track and Field Championships
Kezar Stadium

Records

Event 78 Boys 4x800 Meter Relay Frosh-Soph

Meet	9:18.19	5/11/2024	Lowell - Lowell Q Luk, L Myers, K Cheung, M Barry-Kao
Meet	9:18.19	5/11/2024	Lowell - Lowell Q Luk, L Myers, K Cheung, M Barry-Kao

Event 79 Girls 4x800 Meter Relay Varsity

Meet	10:29.29	5/11/2024	Lowell - Lowell M Carbajal, L Muir, M Adams, S Carvajal
Meet	10:29.29	5/11/2024	Lowell - Lowell M Carbajal, L Muir, M Adams, S Carvajal

Event 80 Boys 4x800 Meter Relay Varsity

Meet	8:06.09	5/11/2024	Galileo Academy - Galileo Acad G Bikahi, J Vazquez, N Rivas, M Gingrich
Meet	8:06.09	5/11/2024	Galileo Academy - Galileo Acad G Bikahi, J Vazquez, N Rivas, M Gingrich

Event 81 Girls Shot Put Unified

Meet	20-08	5/18/2024	Angelica Lamadora - Phillip & Sa
------	-------	-----------	----------------------------------